

Comparisons of Job Characteristics

Focus Occupation: **Mental Health Counselors (21-1014)**

Associated Occupation: **Psychiatrists (29-1066)**

[Compare Knowledge](#)

[Compare Skills](#)

[Compare Abilities](#)

[Compare Detailed Work Activities](#)

[Compare Tools and Technologies](#)

<<	Focus occupation element is much lower
<	Focus occupation element is lower
0	Focus occupation element is at a similar level
>	Focus occupation element is at a higher level
>>	Focus occupation element is at a much higher level

Knowledge

Similarity of Focus Occupation to Associated Occupation: 83

Focus Occupation: Mental Health Counselors (21-1014)

Associated Occupation: Psychiatrists (29-1066)

Associated Occupation's Key Knowledge Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating		Evaluation of Focus Occupation
Psychology	6.4	23.8	23.2	0	Current knowledge level may be sufficient
Therapy and Counseling	3.8	23.2	23.2	0	Current knowledge level may be sufficient
Medicine and Dentistry	3.7	20.9	7.3	<<	Extensive education and/or training may be required
Biology	3.7	14.0	4.4	<<	Extensive education and/or training may be required
Sociology and Anthropology	4.1	11.5	14.1	>	Current knowledge level is likely sufficient
Philosophy and Theology	3.2	8.4	10.5	>	Current knowledge level is likely sufficient

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O*NET (Occupation Information Network) data.

Skills

Similarity of Focus Occupation to Associated Occupation: 97

Focus Occupation: Mental Health Counselors (21-1014)

Associated Occupation: Psychiatrists (29-1066)

Associated Occupation's Key Skills Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating		Evaluation of Focus Occupation
Social Perceptiveness	9.1	19.2	19.5	0	Current skill level may be sufficient
Active Listening	11.0	17.1	20.1	>	Skill level is likely sufficient
Science	4.5	15.2	11.9	<<	Extensive development of skills in this area may be required
Critical Thinking	10.8	15.1	14.4	0	Current skill level may be sufficient
Writing	9.2	14.8	13.3	<	A higher skill level may be required
Judgment and Decision Making	9.4	14.6	14.1	0	Current skill level may be sufficient
Active Learning	8.7	14.3	11.9	<	A higher skill level may be required

Monitoring	9.9	14.3	14.2	0	Current skill level may be sufficient
Service Orientation	7.9	13.8	15.9	>	Skill level is likely sufficient
Complex Problem Solving	9.1	13.5	12.5	0	Current skill level may be sufficient
Persuasion	7.4	12.4	13.8	>	Skill level is likely sufficient
Negotiation	6.8	11.9	11.4	0	Current skill level may be sufficient
Operations Analysis	5.0	11.6	11.4	0	Current skill level may be sufficient

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O*NET (Occupation Information Network) data.

Abilities

Similarity of Focus Occupation to Associated Occupation: 98

Focus Occupation: Mental Health Counselors (21-1014)

Associated Occupation: Psychiatrists (29-1066)

Associated Occupation's Key Abilities Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating	Evaluation of Focus Occupation	
Problem Sensitivity	11.1	17.2	17.5	0	Current ability level may be sufficient
Oral Comprehension	12.5	17.0	17.7	0	Current ability level may be sufficient
Oral Expression	12.4	16.3	17.8	0	Current ability level may be sufficient
Written Comprehension	11.0	16.2	15.0	0	Current ability level may be sufficient
Written Expression	9.8	16.2	15.0	0	Current ability level may be sufficient
Deductive Reasoning	10.6	15.2	14.4	0	Current ability level may be sufficient
Inductive Reasoning	10.2	15.2	17.3	>	Current ability level is likely sufficient
Speech Recognition	9.9	14.3	16.5	>	Current ability level is likely sufficient

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O*NET (Occupation Information Network) data.

Activities that Both Occupations Have in Common

Similarity of Focus Occupation to Associated Occupation: 70

Focus Occupation: Mental Health Counselors (21-1014)

Associated Occupation: Psychiatrists (29-1066)

Work Activities	Exclusivity of Activity
Follow confidentiality procedures	58
Recognize physical or emotional abuse	68
Use counseling techniques	60
Use grief counseling techniques	76
Use interpersonal communication techniques	10

Not all positions in these occupations will necessarily perform all of the listed activities. The exclusivity rating is an indication of how unique the activity is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations engage in that activity.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O*NET (Occupation Information Network) data.

Tools and Technologies that Both Occupations Have in Common

Similarity of Focus
Occupation to Associated
Occupation: 83

Focus Occupation: Mental Health Counselors (21-1014)
Associated Occupation: Psychiatrists (29-1066)

Tools and Technologies	Exclusivity
Blood pressure units and related products	11
Business function specific software	1
Computers	1
Content authoring and editing software	1
Data management and query software	1
Finance accounting and enterprise resource planning ERP software	2
Industry specific software	1
Network applications software	1

Not all positions in these occupations will necessarily use all of the listed tools and technologies. The exclusivity rating is an indication of how unique the tool or technology is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations use that tool or technology.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O*NET (Occupation Information Network) data.